

CATHOLIC SOCIAL SERVICES
VOLUNTEER JOB DESCRIPTION

TITLE: Parent Cafe Meals Team Member
PROGRAM: Supportive Family Services
SUPERVISED BY: Supportive Family Services Director
STATUS: Temporary
UPDATED: 4/19/2021

Job Summary: This position will assist in providing meals to the Strong Parent Café Participants once a week for 8 weeks.

Competencies: Must be able to provide a meal for a family of up to 6, once a week for 8 weeks.

Education/Experience: None

Skills: Ability to pre-plan and prep meals for a family of up to 6.

Duties & Responsibilities: Catholic Social Services is seeking assistance in providing dinner once a week for eight weeks for 8- 10 families. Volunteers will prepare the meals and Case Managers will deliver the meals the day of class. Deadline to sign up is April 27th, 2021. Please contact Emily Jensen at ejensen@cssalaska.org if you are interested in participating.

Additional Information: We are piloting a new program we are calling “Strong Families Parent Café” in which we address the Five Protective Factors of Strengthening Families in our community. The Five Protective Factors include:

- Parental Resilience
- Social Connections
- Knowledge of Parenting & Child Development
- Concrete Support in Times of Need
- Social & Emotional Competence of Children

As you may be aware, Catholic Social Services clients are low income and individuals and families experiencing homelessness in the Anchorage area. As such providing meals for their families is a struggle at the best of times. During the voluntary eight-week course, parents will be in class from 6-8pm on Tuesdays, prime dinner time. To alleviate the strain and stress we are seeking caring individuals who are willing to adopt a family for the duration of the eight-week course to provide them a dinner for those Tuesday evenings.

If you are able to take part in this volunteer program, we will assign you a family and provide you any pertinent dietary concerns such as diabetes. Meals can be flexible such as oven ready, or fridge ready.

We ask that you be available to drop each meal off at our main office of 3710 E 20th Avenue, Anchorage, AK 99508 before 2pm on Tuesdays From May 4th through June 22nd.

If you would like to partner with another volunteer to care for one family as a team we are very open to those arrangements!

Your generosity and caring are very much appreciated, and we feel blessed to be a part of such a caring community.

Training Requirements: None

The above statements are intended to describe the general nature and level of work being performed by people assigned to this volunteer position. They are not to be construed as an exhaustive list of all responsibilities, duties and skills required of personnel so classified. All personnel may be required to perform duties outside of their normal responsibilities as needed.

Volunteer Signature: _____ Date: _____

Volunteer Coordinator Signature: _____ Date: _____