



Catholic Social Services

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News Release

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Dimond & West Hockey Teams Giving Back *Dimond Hockey Charity Game Supports Clare House*

Anchorage —**Dimond High School Hockey** will host their 6th annual charity game, this year benefitting **Catholic Social Services' Clare House**. Dimond will face-off with West High School as both teams are determined to win the game and bring in more donations for the moms and kids at Clare House. These donations will go to the more than 450 women and children served at Clare House every year!

Dimond vs. West Charity Hockey Game

Friday, December 16, 6:30PM, at Ben Boeke Ice Arena

\$5 admission (Free for HS Students)

The **Dimond Lynx** and **West Eagles** will gather donations to Clare House at their charity game on Friday, December 16. The festivities will also include a ceremonial puck drop, a raffle for an item from the Alaska Fur Gallery, and a bid on special hockey jerseys to benefit Clare House. Join in the fun with this year's "Ugly Sweater" theme by wearing your favorite holiday sweater!

Please join us as we cheer on Dimond and West and bring in requested donations for Clare House to the game:

For Women: Shampoo, conditioner, toothpaste, lotion, pajamas, warm socks.

For Infants: Diapers sizes 4-6 & pull-ups, Baby lotion, oil, wash, shampoo, ointment, warm clothing and socks.

For Children: Pajamas, socks, winter caps and snow gloves.

Food: White rice, ramen, Spam, Vienna sausage, tuna, and canned chicken mix, rice milk

Household supplies: Kitchen/trash bags, cleaning solutions, Clorox wipes, cleaning gloves, Saran wrap, foil, dish & laundry detergent, paper towels, toilet paper.

These generous donations from the Dimond and West hockey communities and Anchorage as a whole will make it possible for the women at Clare House to move from homelessness to independence, and provide a stable life for their children.

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EDITOR'S NOTE: Media is invited to speak with Dimond Hockey Coach Dennis Sorenson and players and CSS Executive Director Lisa Aquino about the hockey game and the impact of donations for the moms and kids at Clare House. **Dimond will practice at the Dempsey-Anderson Ice Arena on Wednesday, December 14, at 3pm,** and interviews can be arranged.

About Catholic Social Services

Since its founding in 1966, Catholic Social Services has grown, and continues to grow, in response to unmet needs. CSS programs help over 90,000 children, families and individuals each year, regardless of their faith. CSS provides shelter, meals, employment assistance and medical care to those experiencing homelessness. CSS offers assistance to children and their families, helps immigrants and refugees adjust to life in Alaska, and serves people with disabilities. CSS is working to improve quality of life for the entire Anchorage community by advocating on behalf of its most vulnerable members. For more information visit www.cssalaska.org.

*Catholic Social Services' Clare House (established in 1983) offers 24-hour emergency shelter and progressive housing for women with children and expectant mothers. The women and their children are provided basic needs including food, clothing, and safe shelter. Case managers work closely to connect families to obtain the appropriate, treatments, services, and resources necessary to move out of homelessness and into secure permanent housing. During **FY 2016, 506** individuals utilized **28,869** bed nights at Clare House. **94%** said they felt safe and comfortable during their stay, through a survey.*